

Hosted By Parents of SPED* Kids - For Parents of SPED* Kids!

(* Special Education / Special Services / Special Needs)

SPED* P.E.P.

“PARENTS EMPOWERING PARENTS”

LEARN HOW TO ADVOCATE FOR YOURSELF AND YOUR KIDS!

**10 AM
TO
NOON**

**P.E.P.
MEETINGS
ARE ALWAYS
FREE**

**PLEASE JOIN US
IF YOU SUSPECT
YOUR CHILD
(ANY AGE) IS
STRUGGLING!**

**JAN
18TH**

**THIS
MEETING
ASK ABOUT
SENSORY
NEEDS**

**ST. ANDREW CATHOLIC CHURCH
MEETING & CLASSROOM BLDG - ROOM 3**

827 Sheldon Road, Channelview TX 77530

***** NO CHILDREN OR PETS PLEASE *****

**WE STRIVE TO ENSURE ALL PARTICIPANTS HAVE A
CHANCE FOR THEIR VOICE TO BE HEARD!**

www.facebook.com/groups/951426583686696

For More Information Please Text



832-723-2384 Leticia

-> BOTTLED WATER & LIGHT SNACKS WILL BE SERVED <-

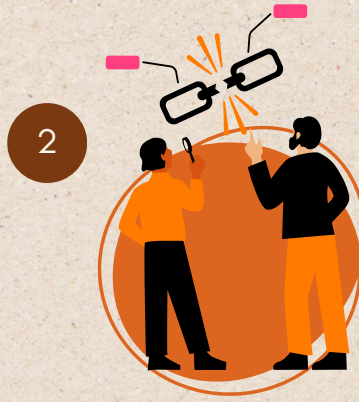
THE GOALS OF SPED* P.E.P.

(*SPECIAL EDUCATION / SPECIAL SERVICES / SPECIAL NEEDS)

“PARENTS EMPOWERING PARENTS”



1 Learn new info, tips and tricks during our guest speaker portion!



2 Ask specific questions and get the help your child and family needs to flourish!



3 If we don't know the answer, we will find it for you or connect you to someone who does!



4 Collaborate with other SPED parents and make new friends!



5 Get the support you need from other SPED parents during “support group” style sessions at the end of each meeting!



6 Become a SPED P.E.P. Hero and volunteer to help another SPED parent at home!

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MISSION STATEMENT &
DAILY AFFIRMATIONS

SPED* P.E.P.

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“PARENTS EMPOWERING PARENTS”



PURPOSE & MISSION STATEMENT

SPED P.E.P. Parents will learn to be advocates for their students, their families, and themselves! P.E.P. meetings will be a catalyst that nurtures more open communication and collaboration with the Channelview ISD SPED Department, teachers, and administrators - With the overarching goal to help SPED parents get the answers and help that their child and family needs! Meeting coordinators will act as liaisons for connecting families to the right contact at the SPED Department AND as a resource for finding other contacts they might need for supplemental support inside the home (beyond what Channelview ISD can provide). Families will also be encouraged to share their stories during parent-led therapeutic “support group” style sessions at the end of each meeting - Where SPED parents can also become P.E.P. Heroes by volunteering their time to help other SPED parents at home!

DAILY MEETING AFFIRMATIONS

We are here to become better advocates for ourselves and for our families.

We promise to believe in our kids and their special strengths.

We promise to give ourselves the same grace we give our kids.

We promise to give ourselves permission to cry.

But we also promise to give ourselves permission to SHINE!



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“Parents Empowering Parents”

MEETING AGENDA

MEETING TOPIC: ASK ABOUT SENSORY ISSUES & TECHNIQUES

AT: St. Andrew Catholic Church
Classroom & Meeting Bldg - Room 3
827 Sheldon Rd, Channelview TX 77530
(Subject To Meeting Space Availability)

➔ 18 JAN 2025

➔ 10 AM - NOON

10:00 AM

Introductions / Purpose / Affirmations

10:15 AM

Guest Speaker: Loni Osegueda - CVISD
LIFE SKILLS TEACHER (ECC)

Learn about sensory issues in SPED kids and ways to use sensory learning and techniques at home

10:30 AM

Guest Speaker Q&A

10:45 AM

Discussion: Partnering With Your Student's Teachers, Counselors, Etc

11:00 AM

Additional Q&A: For Any Topics That Were Not Addressed

11:15 AM

Resources: List Of Helpful Resources In The Channelview Area

11:30 AM

Parent-Led “Support Group” Session & SPED P.E.P. Heroes (Volunteers)

11:55 AM

Conclusion & Closing Words - Guest Speaker & Coordinators

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FUTURE MEETINGS

FUTURE MEETINGS TO BE HELD AT:
St. Andrew Catholic Church
827 Sheldon Rd, Channelview TX 77530
(Subject To Meeting Space Availability)

FEB 15

Ask an Early Childhood Interventionist - Nikki Mathis
(Former ECI Case Mngr)
Very early childhood evaluation and intervention plus alternate communication techniques for non-verbal kids

MAR

Ask an LSSP (Licensed Specialist in School Psych.) - Stephanie Castillo (Channelview ISD)
Communication skills for SPED families (emphasizing autistic students and communication issues) and information about school psychology and counseling

PLUS Ask a Prevention Specialist - Crystal Kennon (AWARE)
Focused on mental health and the prevention of substance abuse

APR

Ask a 504 Referral Specialist - Dr. Karen Bryant (Channelview ISD)
What 504 is and how it differs from other programs - As well as an overview of the referral process

MAY

Ask a Nurse - Sue Langham (Channelview ISD Head Nurse)
Learn rudimentary CPR and safety techniques for the home - Plus a medical Q&A

JUN

Ask a PE Coach - Nacha Griffin (Brown Elementary PE Coach)
The importance of exercise, sleep and diet for SPED kids - as well as ways to alter exercise activities for kids with physical limitations

JUL

Ask a SPED Teacher - Gloria Mancias (Brown Elementary Life Skills)
Tips & tricks for keeping kids on task and on schedule at home (includes token system & first/then correlations)

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